

HealthEquity® | FSA, HSA, & DCA

Benefits Explained: Health Care FSA, HSA, and Dependent Care Reimbursement Account



Surprising health savings



A healthcare Flexible Spending Account (FSA) lets you use tax-free¹ money to pay for eligible medical expenses helping you realize significant savings on healthcare costs.



Get more flexibility with your FSA



Access annual contribution
amount on day one



Fast, convenient payments
and reimbursement



Pay for your spouse and
dependents too



The more you contribute the more you save

2026 Contribution limit	Tax savings*
\$3,400	\$680

*Estimated savings are based on an assumed combined federal and state income tax bracket of 20%. Actual savings will depend on your taxable income and tax status.

Smart spending starts with thoughtful planning



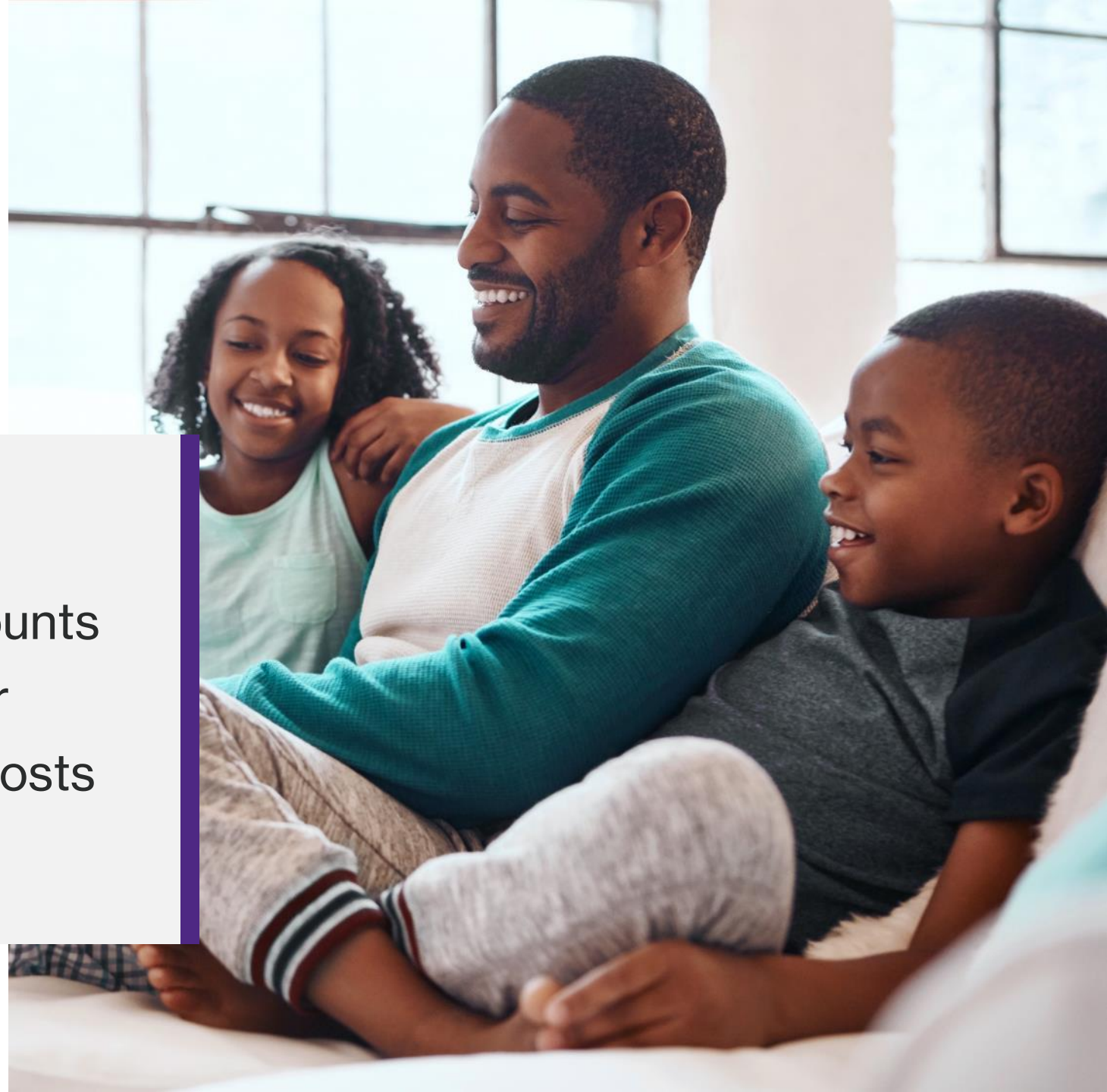
HSA

Health Savings Account

Invest in your healthcare



HSAs are tax-advantaged accounts that let you put aside money for current and future healthcare costs while saving on taxes.



Get the 'triple-tax advantage' only with HSA

- ✔ Tax-free contributions
- ✔ Tax-free account growth
- ✔ Tax-free spending for qualified medical expenses

HSAs are never taxed at a federal income tax level when used appropriately for qualified medical expenses. Also, most states recognize HSA funds as tax deductible with very few exceptions. Please consult a tax advisor regarding your state's specific rules.



HSA funds roll over year after year



No 'use-it-or-lose-it'



Funds don't expire at
the end of a plan year



Keep your HSA forever



The more you contribute the more you save

Coverage	2026 Contribution limit
Individual	\$ 4,400
Family	\$ 8,750

Employer contributions*
\$250
\$250

Members 55+ can contribute an extra \$1000.

*Employer contributions will be included in your total maximum contribution limit.

If you love a 401(k), meet your new best friend



401(k)



HSA

FICA taxed contributions	100% tax-deductible contributions
Tax-free earnings	Tax-free earnings
Medical expenses taxed as ordinary income	Tax-free distributions for medical expenses
Regular expenses taxed as ordinary income	Regular expenses taxed as ordinary income
Minimum distributions required	No minimum distributions

HSA Investing Threshold: \$1,000

HSAs are never taxed at a federal income tax level when used appropriately for qualified medical expenses. Also, most states recognize HSA funds as tax deductible with very few exceptions. Please consult a tax advisor regarding your state's specific rules.

How do I get an HSA?

Sign up for a CDHP and meet these qualifications:

- ✓ Not enrolled in non-CDHP plan or Medicare
- ✓ No access to a healthcare FSA
- ✓ Not claimed as a dependent on anyone's tax return
- ✓ Minimum age to open an HSA is 18





With an FSA you'll have access to your **entire contribution amount** on the first day of the plan year.



With an HSA your funds are available **as you contribute them.**

Visit [Comparemyhsa.com](https://comparemyhsa.com) and use our plan comparison tool.



HSA vs FSA



HSA



FSA

Health plan type	HSA-qualified	Traditional
Premiums	Lower	Higher
Deductibles	Higher	Lower
Fund availability	As you contribute	January 1st
Contribution limits	\$4,400 single** \$8,750 family**	\$3,400*
Fund expiration	Funds roll over year after year	Funds expire December 31st

**2026 contribution limits

Ability to adjust contributions



HSA

Yes



FSA

Generally only with
qualifying event

Tax-free spending on eligible expenses



Medical care

- Doctor visits and copays
- Hospital services
- Telehealth



Vision

- Eye exams
- Prescription glasses/contacts
- Laser eye surgery



Dental

- Teeth cleaning
- Dental reconstruction
- Orthodontia



Personal health

- Over-the-counter pain relievers
- Menstrual care products
- Crutches



Alternative care

- Chiropractic care
- Acupuncture
- Massage*



Mental health

- Therapy sessions*
- Prescriptions
- Treatment for substance abuse disorder

*May require letter of medical necessity



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HealthEquity.com/fsa-qme
HealthEquity.com/hsa-qme



DCRA

Dependent Care Reimbursement Account

Turn caregiving into tax savings

**A Dependent Care
Reimbursement Account (DCRA)**
lets you use tax-free money to pay
for eligible dependent care
expenses.

DCRAs are never taxed at a federal income tax level when used appropriately for eligible dependent care expenses. Also, most states recognize DCA funds as tax deductible with very few exceptions. Please consult a tax advisor regarding your state's specific rules



Save on eligible dependent care expenses

- \$ Pre-tax payroll contributions
-  Fast, convenient payments and reimbursement
-  Enjoy a full year to spend your account funds



Determine eligible dependents



Save on DCRA eligible expenses



Eldercare

- Elder day care
- Work-related custodial elder care



Childcare for children under age 13

- Nanny and au pair services
- Summer day camp
- Preschool
- Babysitting



Care-associated costs

- Transportation costs to and from eligible care
- Late pick-up fees

HealthEquity.com/dcfssa-qme



The more you contribute the more you save

Coverage	2026 Contribution limit	Potential tax savings*
Family	\$7,500	\$1,500

*Estimated savings are based on an assumed combined federal and state income tax bracket of 20%. Actual savings will depend on your taxable income and tax status.

Qualifying life events



Marital status



Number of dependents



Employment status



Change in residence



New childcare or
eldercare provider

Generally these are qualifying life events. Check your plan to determine what are permissible qualifying life events.



Use funds as they accrue

**Get started with
your account**

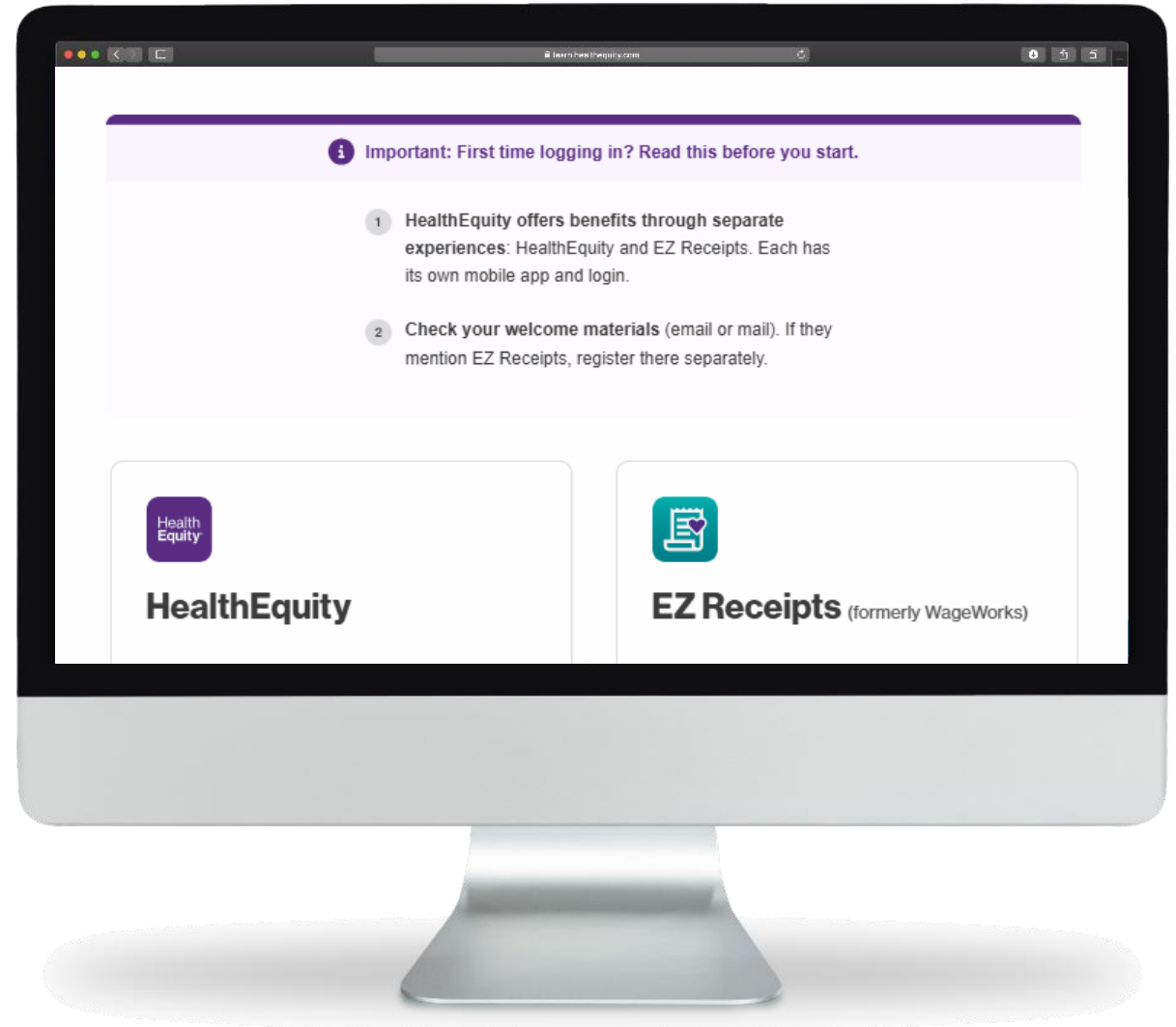
How to log in

- Enter your information

OR

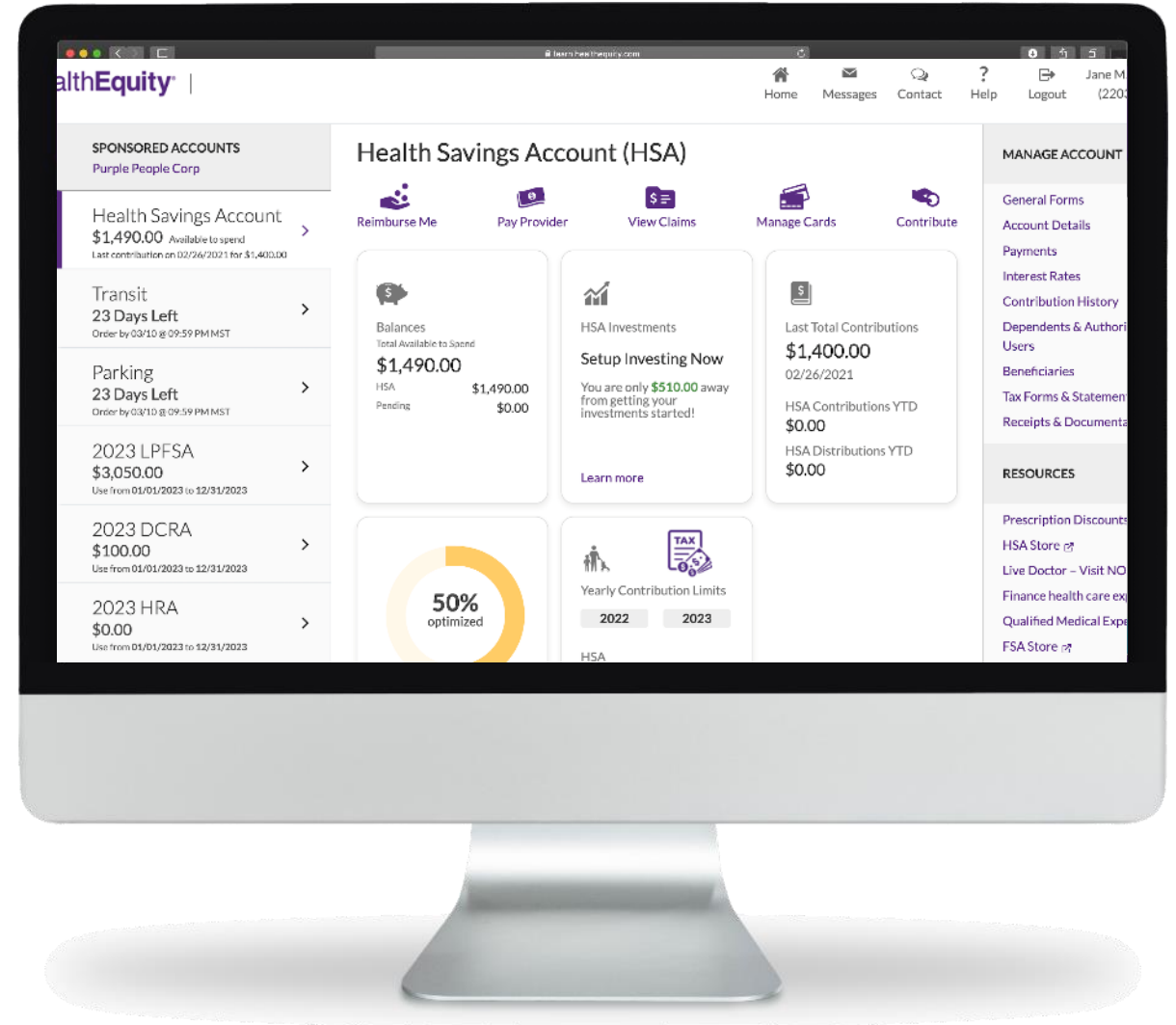
- Follow the steps to create a username and password if logging in for the first time

HealthEquity.com/loginhelp



Main Dashboard

- ✓ Toggle between different accounts (if applicable)
- ✓ Easily view your balance, key dates, recent activities and more
- ✓ Access various quick links, manage account options and explore available resources



What's needed for reimbursement

Documentation that includes the following should be provided:

- ✓ Names of providers
- ✓ Names of persons who received care or service
- ✓ Dates of service or care
- ✓ Descriptions of services
- ✓ Costs of service or care

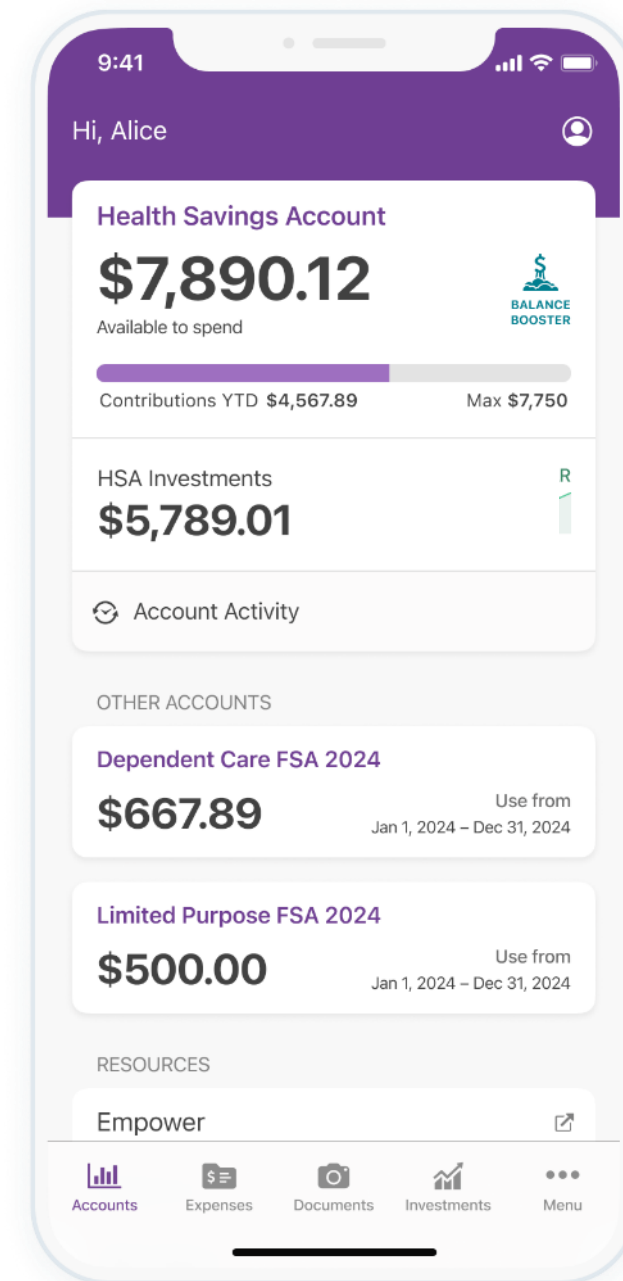


Download the mobile app

- Home screen to check account balance, view contributions, recent transactions, and claims
- Submit and track claims
- Fast, convenient payment and reimbursement
- Get on-demand, 24/7 support
- Manage HSA investments¹



HealthEquity app



¹Investments are subject to risk, including the possible loss of the principal invested, and are not FDIC or NCUA insured, or guaranteed by HealthEquity, Inc. Investing through the HealthEquity investment platform is subject to the terms and conditions of the Health Savings Account Custodial Agreement and any applicable investment supplement. Investing may not be suitable for everyone and before making any investments, review the fund's prospectus.

Get started today!

01

Sign up

- ✓ Enrollment dates:
Oct. 27 - Nov. 07, 2025
- ✓ Choose election amount
for the year

02

Contribute

- ✓ Pre-tax through payroll
- ✓ Amount withheld
from each paycheck is
typically equal

03

Access account

- ✓ Register and login at
www.HealthEquity.com/login
- ✓ Submit for reimbursement
via the HealthEquity online
tool or mobile app
- ✓ Remember to save all receipts

Questions?

We're here for you 24/7

HealthEquity.com/Learn

