

# Managing your coverage has never been easier

To access and manage your coverage online, visit [www.aflac.com/myaflac](http://www.aflac.com/myaflac) to register your account.

Once registered, you can take advantage of these features, available 24/7:



## Set up direct deposit

Add your banking information and get paid fast.

## Submit a claim and track the status

Simply select **new claim**, answer a few questions about what happened and upload your supporting documents.

Once submitted, you can track your claim status as it is processing.

## Manage your plans

Update your contact information, assign beneficiaries and more.



**Have questions?** Connect whenever you need us 24/7 by scanning the QR code on the left, logging in to your account or chatting with us at [aflacgroupinsurance.com](http://aflacgroupinsurance.com).



To submit your claim by mail, send your completed forms and supporting documents to P.O. Box 84075 Columbus, GA 31993, Attn: Claims Department.

\*Registration of a new MyAflac account can take up to 24 hours to take effect.

Aflac herein means Aflac and/or Aflac of New York and/or Continental American Insurance Company and/or Continental American Life Insurance Company.