



## COVID-19 Benefit Resource Guide for U.S. Full-Time Employees

Your health and safety remain our top priority. As we prepare to return to the office, we are highlighting some available resources you can access immediately to help you care for yourself and your household as well as manage your stress levels.

### COVID-19

- [Buoy Health](#) offers you **clarity and peace of mind with the COVID-19 [Symptom Checker](#) which is based on current CDC guidelines and provides direction on next steps based on your results.**
- Visit [Castlight](#) for additional COVID-19 resources, including how to find the closest vaccination and testing sites near you.

*Note: As always, if you are experiencing an emergency, call 911 immediately.*

### Medical Coverage

- **Collective Health Medical Plan** – If you have this plan, the costs of testing and treatment related to COVID-19 will be fully covered. As always, you can access your ID cards electronically by logging into the [Collective Health member portal](#) or by downloading the app. For questions, contact a Member Advocate at 1-844-803-0210.
- **Kaiser Medical Plan** – If you have this plan, there is no cost for medically necessary COVID-19 screening and testing including the visit, associated lab testing, and radiology services in a plan hospital, emergency or urgent care setting or medical office. Call the advice number on your medical card to schedule a telephone or video appointment with your doctor. You can also visit the Kaiser [website](#) to learn more about how to protect yourself and get care.
- **Centivo Medical Plan** – If you have this plan, the costs of testing and treatment related to COVID-19 will be fully covered. Login to the Centivo app or member portal at [Centivo](#) to find care or access your ID cards. Pharmacy benefits are managed by WithMe Health and you are automatically enrolled and have access to both retail and mail order benefits. For questions, contact Member Care at 1-833-666-1322.

### Telemedicine

- [Doctor on Demand](#) allows you to connect (within 15 minutes) with a board-certified doctor via tele-video visits. Doctors can diagnose, treat, and write prescriptions for most non-emergency medical conditions. There is no cost for Collective Health members on the PPO500 or In-Network plan and \$49 on the CDHP; costs are fully covered on all Collective Health plans for care related to COVID-19. Not available if you're a Kaiser member. Download the app (for [iPhone](#) or [Android](#)) or visit the [website](#) for more information).

### Pharmacy – Collective Health Medical Plan members

- [CVS](#) We encourage you to refill any eligible long-term maintenance medications up to your allowed maximum quantity. In addition, CVS Pharmacy will waive charges for 1 to 2-day home delivery of most prescription medications; this is a convenient option to avoid coming to the pharmacy.
- [Rx Savings Solutions](#) is a pharmacy tool that can help you save money on prescription drugs, by automatically alerting you with an email or text if you are paying too much for your prescription. To get started, register on the Rx Savings Solutions [website](#).

## **Mental & Physical Wellbeing Support**

Beyond healthcare access and coverage, we recognize that this unique situation may present additional challenges like caring for children, sick family members, and maintaining your general physical, mental and household health routines. Please take advantage of the resources listed below:

- **[Magellan EAP](#)** provides helpful tools, resources, and services to help you live well. From help with issues like managing stress, to more difficult ones like the loss of a loved one, Magellan can help. Employees and their household members are eligible for 8 free in-person or virtual counseling sessions (virtual sessions are administered through [BetterHelp](#)) per issue, per 12 months. Call 1-800-327-2593 to make an appointment or visit the [website](#) for more information. Additionally, Magellan concierge can help you find and schedule appointments in your area with providers accepting new patients. Magellan is available 24 hours a day, seven days a week.
- **[Doctor on Demand](#)** allows you to connect with a board-certified psychologist or psychiatrist (typically within 1-5 days) and manage medications via tele-video. Visits are \$20 for Centivo and Collective Health members on the PPO 500 or In-Network plan and the prices vary for the CDHP medical plan. Not available if you're a Kaiser member. Download the app (for [iPhone](#) or [Android](#)) or visit the [website](#) for more information).
- Healthy Habits through **[Castlight](#)** can help you track everyday habits to enhance your wellbeing. Habits include practicing deep breathing, reading, disconnecting from technology, drinking water, and more. Castlight eligible employees and spouses/DP's gain access to Healthy Habits through the Castlight app ([iPhone](#) or [Android](#)).
- **[AbleTo](#)** helps you manage stress, depression, and anxiety remotely. In just a few minutes, AbleTo can identify how you can take positive steps to improve your mental health from basic tips and tricks to personal coaching that provides 1:1 emotional support, accountability and guidance. Employees and dependents (aged 14 and older) have access to four and eight-week Cognitive Behavioral Therapy (CBT) sessions. If you prefer to see a therapist\*, AbleTo also offers a virtual concierge service to help you find one that suits your specific challenge. Castlight eligible employees and spouses/DPs gain access through the Castlight app ([iPhone](#) or [Android](#)). Dependents age 14+ enrolled in our medical plan can use code: ABLETO+AB on the [website](#) to access.

*\*Please note that there may be costs incurred with seeing a therapist, depending on your medical coverage.*

- **Total Brain** can help you get ahead of the mind's natural response to fear and uncertainty. This benefit provides personalized mind training exercises to boost your emotions and improve your ability to remain focused, NeuroTunes-music designed to calm your mind, Cognitive Behavioral Therapy (CBT), and a library of meditation and breathing exercises, all available through the Benefits@Play program in the Castlight app ([iPhone](#) or [Android](#)).
- **Gympass** is a holistic, digital wellness platform that offers 7 discounted plans, from \$10-\$240/month. Users get unlimited access to multiple premium gyms/studios (including live virtual classes) and on-demand wellness apps such as NEOU, 8fit, Lifesum, and Zenapp. Members get a 7-day free trial and can invite up to 3 family members at the same discounted rates. Castlight eligible employees and spouses/DPs can register through the Castlight app ([iPhone](#) or [Android](#)).
- **[Physera](#)** provides no-cost video consultations with a physical therapist for employees who are noticing physical discomfort from their home workstations. Employees and dependents on any of our medical plans can access and schedule an appointment by visiting the [website](#).

## **Home and Family Care Support**

- **[Bright Horizons](#)** gives you access to [Sittercity's](#) extensive database of babysitters, nannies (full or part-time), special needs caregivers, homework help, housekeeping, dog walkers/pet sitters, and more (with unlimited background checks).

- **Wellthy** is for anyone who finds themselves managing care for a loved one or themselves (in any capacity, big or small). You'll get assigned a dedicated Care Coordinator (think: personal healthcare project manager) who has the skills and experience to assist with complex care for an elderly, chronically ill, or disabled family member for which you, or anyone in your household, is the primary caretaker. This benefit is available to all employees at no additional cost. To get started visit the [website](#) and register or call 1-877-588-3917.
- **Rethink** offers 3 hours of tele-consultation with behavioral experts for parents caring for children with educational or behavioral disabilities. Additionally, Rethink has support tools for families who are suddenly in the challenging situation of balancing working from home and meeting the educational needs of their children.
- **Working Advantage** provides access to exclusive savings with our company code: **805900715**, on things your family needs right now. You can save up to 50% on home office supplies, food delivery, and streaming services.

## **Financial Wellbeing Support**

Like physical and emotional health, maintaining financial wellbeing is important for everyone, regardless of income or stage of life. During this unprecedented time, it may be challenging and stressful to manage your day-to-day budget or retirement investments. Below are resources to assist you in navigating all of this.

- **My Secure Advantage (MSA)** offers 90 days of complimentary personalized money coaching for guidance on any financial topic, goal, or challenge. They also provide online financial tools, educational videos, advanced financial calculators, budgeting software, and more. Access MSA through the Benefits@Play program in the Castlight app ([iPhone](#) or [Android](#)), or call 888-724-2326.
- **Fidelity** can help you manage your AB 401(k) Plan investments through ups and downs of the market, Log into [NetBenefits](#) to learn more or call a Fidelity Representative at 800-835-5095.
- **SoFi** allows employees and family members & friends to refinance their student loans. By refinancing a student loan to an interest rate lower than what you currently owe, you can make lower monthly payments, shorten the duration of your loan, or save money on the total cost of your debt. Additionally, SoFi offers personal loans (an alternative to 401(k) loans) that can be used for any kind of personal expense. Learn more by emailing [partner@sofi.com](mailto:partner@sofi.com) or calling 833-277-7634.

## **Time Away from Work**

We understand that you may need time away from work if you become ill or need to care for a family member. The company will provide up to 14 days of Paid Administrative Leave (PAL) per calendar year, for absences related to COVID. Please work with your Manager and/or HR Business Partner to request time off under PAL.

For severe cases of employee illness or caregiver leave that may require more than 14 days of leave, please contact [Leaves@activisionblizzard.com](mailto:Leaves@activisionblizzard.com) to learn more on leave of absence options.

**Privacy notice:** Activision Blizzard does not receive any identifiable personal information or individual usage data from our programs. The use of these programs is voluntary and confidential.

Please take care and email us with any questions at [benefits@activisionblizzard.com](mailto:benefits@activisionblizzard.com)