

Better health care. Built around you.

2027 Open Enrollment | ACTIVISION BLIZZARD

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Health care is better when it all works together

Our connected care is designed to deliver the right support at every step.

- **Proactive, high-quality care**
- **Mental health support**
- **Virtual visits**
- **Pharmacy and labs**

Discover care that grows with you at kp.org/choosekp.



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Connected care for a seamless experience

IN PERSON

Many services often under one roof

Timely primary care appointments and lab results

VIRTUAL CARE

Connect with doctors who know your health history

Phone, video, and online options[1]

AWARD-WINNING APP

24/7 access to your health records

Message your care team, manage appointments, view most lab results, and refill most prescriptions[2]

1. When appropriate and available. **2.** These features apply to care you get at Kaiser Permanente facilities.

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Health care that moves with you

Mail-order pharmacy

- One-tap refills and automated reminders
- Home delivery or same-day pickup for most prescriptions[1]

Care while traveling

- Coverage for urgent and emergency care anywhere in the world
- Care by phone or online across the U.S.[2]
- Call the travel line : Call **951-268-3900** (TTY **711**)
- **Kp.org/travel**

1. Not all prescriptions can be mailed, and restrictions may apply. Please check with your local pharmacy.
2. When appropriate and available. If you travel out of state, phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state.

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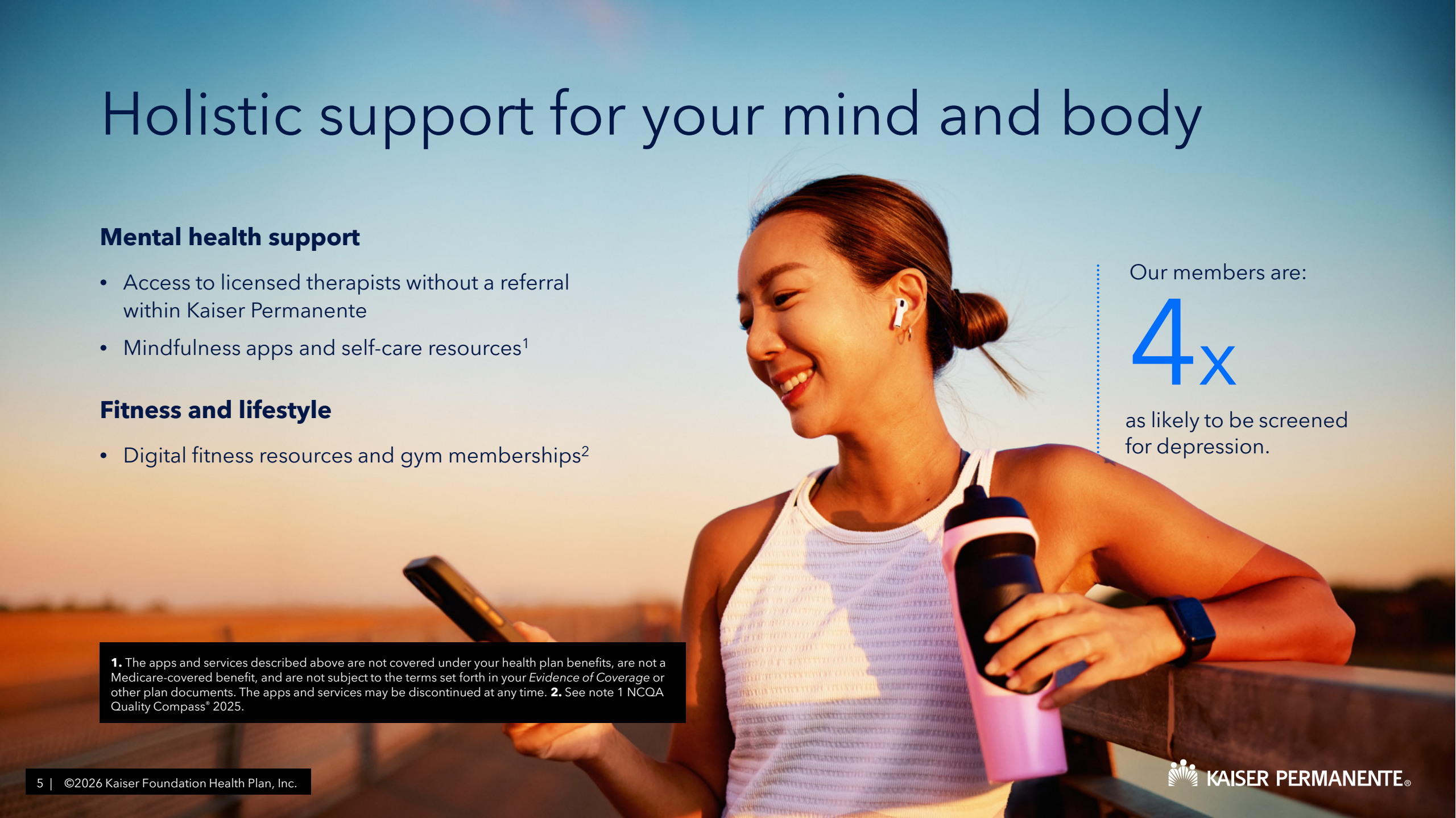
Holistic support for your mind and body

Mental health support

- Access to licensed therapists without a referral within Kaiser Permanente
- Mindfulness apps and self-care resources[1]

Fitness and lifestyle

- Digital fitness resources and gym memberships[2]



Our members are:

4x

as likely to be screened for depression.

1. The apps and services described above are not covered under your health plan benefits, are not a Medicare-covered benefit, and are not subject to the terms set forth in your *Evidence of Coverage* or other plan documents. The apps and services may be discontinued at any time. **2.** See note 1 NCQA Quality Compass® 2025.

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Resources for self-care

You have access to apps to help reduce stress, improve sleep, and manage overall mental wellness.[1,2]

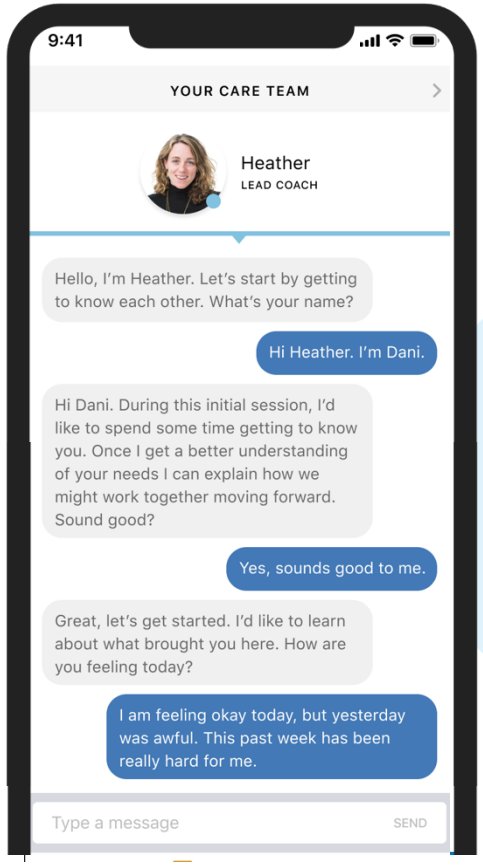
Learn more at **kp.org/selfcareapps**.

Calm

The number one app for sleep, meditation, and relaxation.[3]

Headspace Care

Text one-on-one with an emotional support coach anytime, anywhere.[4]



47%

of users say Headspace Care helps with anxiety[5]

1. The apps and services described above are not covered under your health plan benefits, are not a Medicare-covered benefit, and are not subject to the terms set forth in your *Evidence of Coverage* or other plan documents. The apps and services may be discontinued at any time. **2.** Calm can be used by members 13 and over. The Headspace Care app and services are not available to any members under 18 years old.
3. Calm is the number one app for sleep, meditation, and relaxation. Learn more at calm.com/blog/about. **4.** Eligible Kaiser Permanente members can text with a coach using the Headspace Care app for 90 days per year. After the 90 days, members can continue to access the other services available on the Headspace Care app for the remainder of the year at no cost. **5.** Knuckle et al., "Association Between Care Utilization and Anxiety Outcomes in an On-Demand Mental Health System: Retrospective Observational Study," *JMIR Formative Research,* 2021.

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One Pass Select

Affinity Members get access:

Provided by Optum

Fitness networks

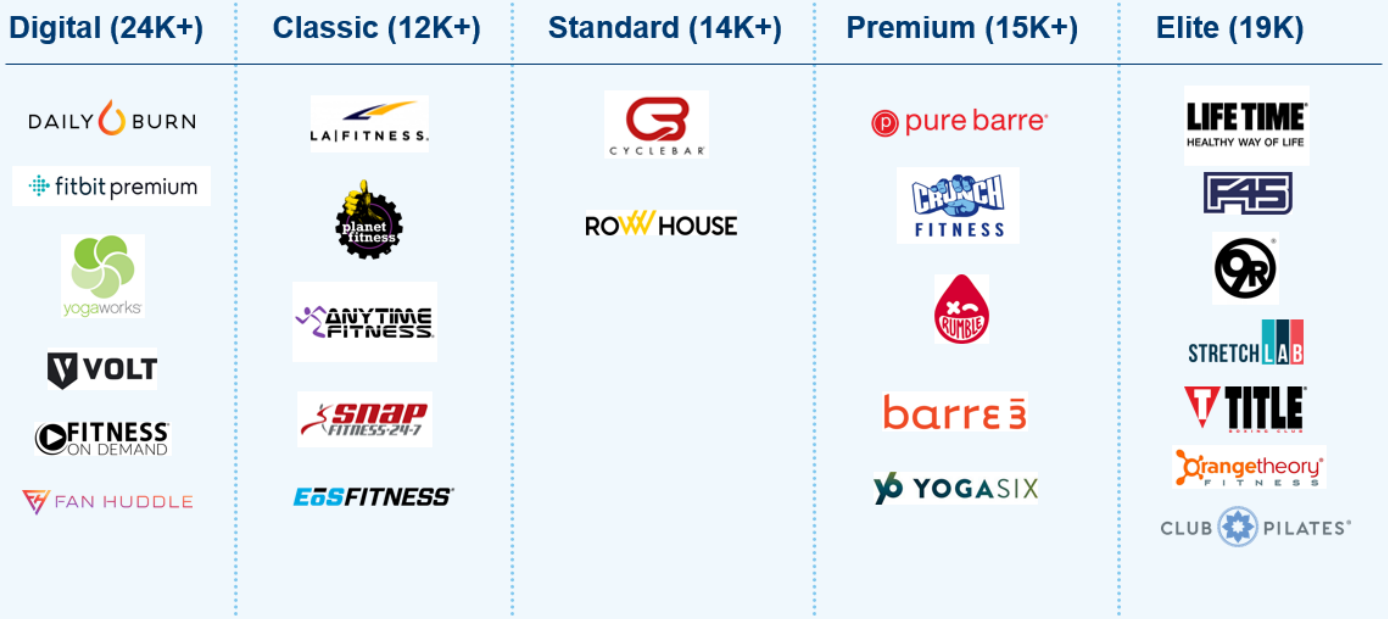
19,000+ gym locations and boutique studios with unlimited access to all locations within selected tier

Digital solutions

23,000+ on-demand and livestreaming fitness classes through web, app, and TV – plus AI workout builder tool

Healthy meal delivery

Groceries and household essentials delivered with Walmart+ and Shipt



Category	Digital	Classic	Standard	Premium	Elite
Monthly member fee	$10	$34	$69	$109	$249
One-time member enrollment fee	$10	$29	$29	$29	$29

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kp.org/exercise

Plan Benefits

Summary of Benefits – Traditional HMO

This table shows an example of some of your benefits.

Yearly deductible	None
Maximum yearly out-of-pocket costs	$1,500 individual/$3,000 family
Covered service	**You pay**
Preventive care	No charge
Primary care/Specialist office visit	$20/$35 per visit
Telephone and Video visits	No charge
Lab tests and radiology	No charge
Outpatient surgery	$20 per procedure
Hospitalization	$250 per admission
Emergency care	$100 per visit
Prescribed medications (up to 30-day supply)	$10 (generic medication) $30 (brand-name medication) $30 (specialty medication)
Chiropractic Services	$10 copay / up to 30 visits per calendar year

*This is a summary of some benefits and their copays and coinsurance. For specific information about your covered health plan benefits, limitations, and exclusions, including those not listed in this summary, please see your *Evidence of Coverage*.

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Your Kaiser Permanente **CHIROPRACTIC benefits**

When you need chiropractic care, follow these simple steps:

1. Find an ASH Participating Provider near you:
   - Go to **ashlink.com/ash/kp**, or
   - Call **1-800-678-9133** (TTY **711**), Monday through Friday, from 5 a.m. to 6 p.m. Pacific time
2. Schedule an appointment.
3. Pay for your office visit when you arrive for your appointment.

*This is a summary of some benefits and their copays and coinsurance. For specific information about your covered health plan benefits, limitations, and exclusions, including those not listed in this summary, please see your *Evidence of Coverage*.

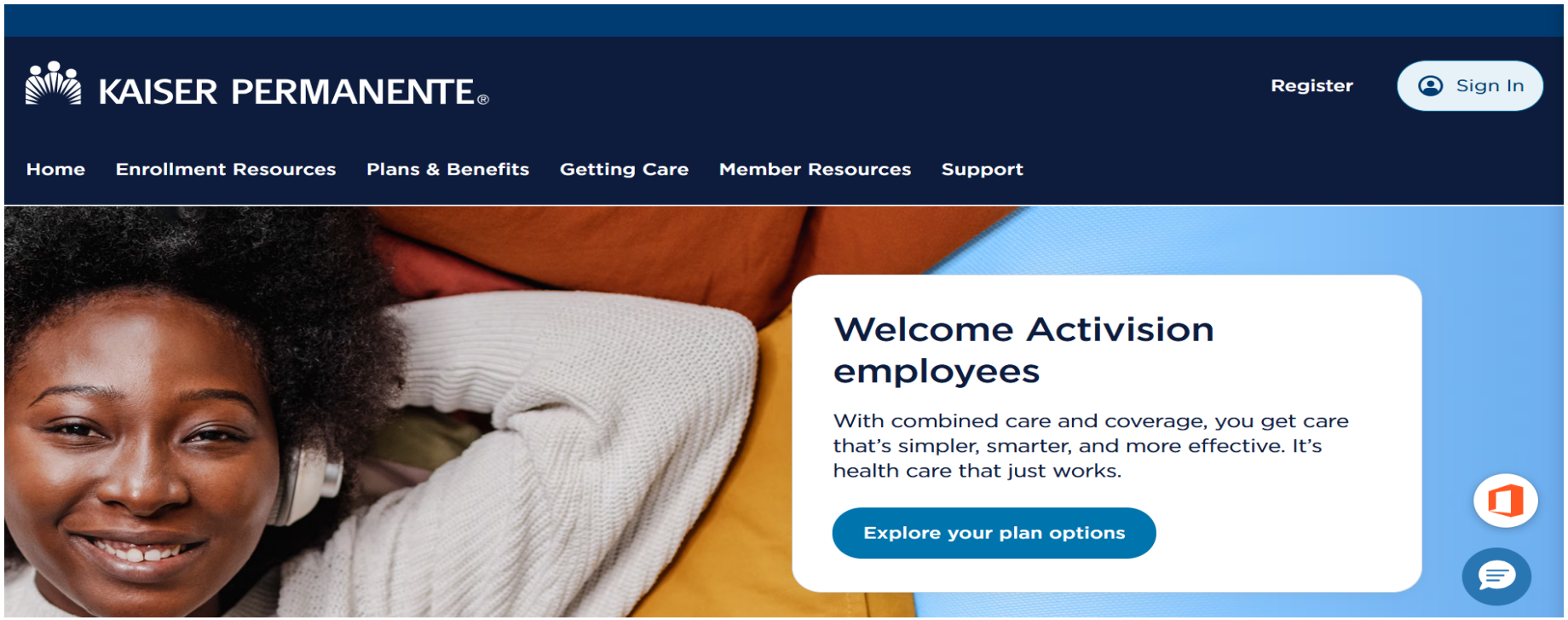
American Specialty Health Plans of California

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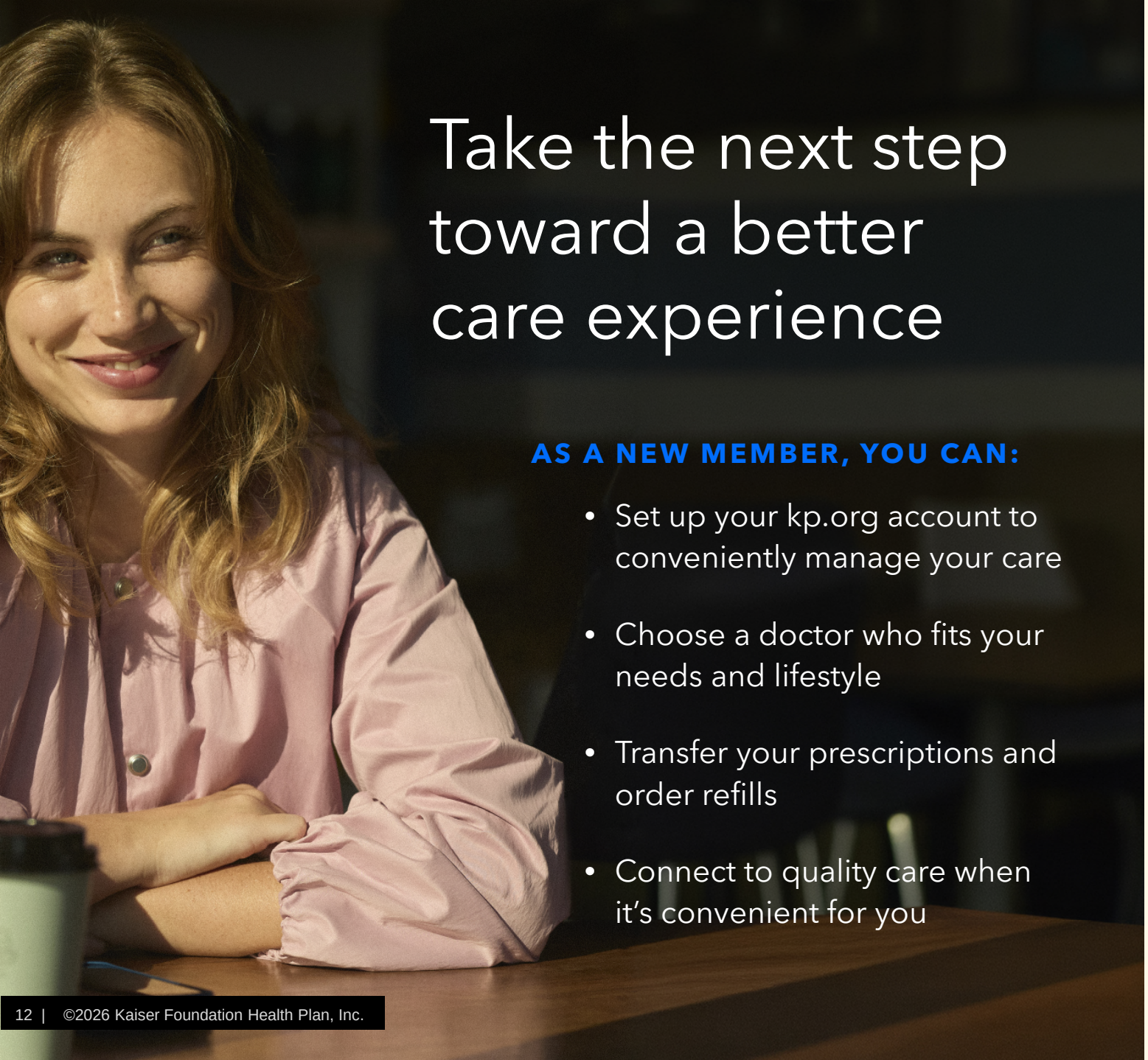
DEDICATED MICROSITE

- Convenient location that houses frequently used flyers, including:
- Plans & Benefits
- Enrollment Resources
- And more….
- Visit: https://choose.kaiserpermanente.org/activision



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Take the next step toward a better care experience

AS A NEW MEMBER, YOU CAN:

- Set up your kp.org account to conveniently manage your care
- Choose a doctor who fits your needs and lifestyle
- Transfer your prescriptions and order refills
- Connect to quality care when it's convenient for you

Connect with your company's benefits administrator for details about your employer-sponsored health plan.

Talk to an enrollment specialist:

1-800-514-0985 (TTY **711**)
Monday through Friday,
7 a.m. to 6 p.m. Pacific time

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