



Activision Blizzard GLP-1s for Weight Loss

Authorization Criteria

Purpose: This Twin Health policy document outlines the authorization criteria for coverage of GLP-1 medications for weight loss under the Activision Blizzard health plan. The AB health plan, along with Collective Health's Independent Review Organization (IRO), assist with managing appeals for Twin adverse benefit determination notices. If GLP-1 medications are prescribed for type 2 diabetes, the guidelines below do not apply.

Denial of Twin Health Benefits under the Activision Blizzard Health Plan

1. Eligibility for GLP-1 medication is based on Activision Blizzard's formulary criteria (BMI \geq 30) and is determined using the member's BMI as recorded by a Twin-provided Bluetooth scale.
 - **Initial Eligibility:** Members with a BMI of 30 (29.5) or greater at the start of the Twin program are eligible for a 30-day supply of GLP-1 medication for weight loss.
 - **Ongoing Eligibility:** Eligibility for refills is re-evaluated every 28 days. If a member's BMI falls below 30 (below 29.5), they are no longer eligible for GLP-1 medication for weight loss.
 - **Ineligibility:** Members with a BMI below 30 (below 29.5) at the start of the Twin program are not eligible for GLP-1 medication for weight loss.
2. Eligibility for GLP-1 medication for weight loss is based on satisfying Twin Health's coverage requirements, which include coverage verification, clinical requirements, and technology (phone compatibility with Dexcom's Continuous Glucose Monitors (CGMs)).

Members with any of the following conditions are ineligible to receive coverage for GLP-1 medications under the plan:

- Below age 18
- Awaiting liver transplant
- Dialysis treatment
- Type 1 diabetes
- Maturity-onset diabetes of the young (MODY)
- Latent autoimmune diabetes in adults (LADA)
- Active cancer treatment (like chemo/radiation)
- Weight-loss surgery in the last 6 months
- Insulin pump
- eGFR below 30
- Eating disorders