

# Work-life wellness is priceless.



Get access to the Wellhub  
Digital Plan for FREE!

Discover what's include in the Digital Plan below

### Mindfulness Tracker



**IFEEL**  
Self-care tools and wellbeing content

### Gym Tracking



**GYM LIFE**  
Create and track your workout routines

### Sleep



**SLEEP CYCLE**  
Sleep Tracker, Monitor & Alarm Clock

### Fitness



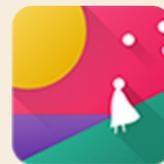
**FIZZUP**  
Time effective workouts without equipment

### Mind



**MEDITOPIA**  
Meditation, Sleep, Mindfulness

### Healthy Habits



**FABULOUS**  
Build better habits & achieve your goals

### Women's Health



**MAYA**  
A smart personal health assistant for women

### Financial



**MOBILLS**  
Manage your bills and budget

### Nutrition



**MyFitnessPal**  
Track your exercise and nutrition goals

### Fitness



**YOGAIA**  
Practice yoga simply



Download the app or scan the QR code to get started today.